



ANNUAL REPORT

2022-2023



HELP FIGHT CHILD HUNGER IN HAMILTON

We want to thank our incredible community in Hamilton for continuing to support our mission to ensure that no child goes hungry. We are consistently amazed at the generosity and kindness of our partners, stakeholders, donors, volunteers and community members **Every person that is involved in our program makes a profound and significant difference in the lives of kids living in Hamilton.**

We continue to evaluate the effectiveness of our program to ensure equity of access and quality. With the guidance and leadership of our Board of Directors, we listened to feedback from our stakeholders and **maintained the highest standards for our program.**

Volunteers are absolutely key to the success of our program and we rely on their dedication to our organization. **Our volunteers are the heart of our program and they are an essential part of our success.** Working with 50+ volunteers a week, we are able to discreetly offer our program in 76 schools, supporting both the Hamilton Wentworth District School Board and Hamilton Wentworth Catholic District School Board.

Our ability to sustain our program and grow with demand relies on donations, fundraisers and grants. Our community continued to support our major fundraisers in 2022 and 2023 such as the Tim Hortons Smile Cookie Campaign, eatAbeet, Flowers4Mom and Cards4Kids winter break campaign.

We are grateful for another year that was filled with growth, hope and compassion for our vision to ensure that kids do not go days without food in our own community.

With sincere thanks,

Lisa Neale

Food4Kids Hamilton Board Chair

Cathy Haan

Food4Kids Hamilton Executive Director



PACKING AND DELIVERY PROCESS

Because **NO CHILD** in our community **SHOULD WORRY** about how they will be fed.



1 Students are referred directly by their own schools, ensuring our program is helping those who need it most

2 Volunteers assemble food packages that contain kid-friendly, easy-to-prepare meals with maximum nutritional value



3 Packages are delivered to schools at the end of each week for our kids to take home with them

Package are provided to students ensuring a discreet, non-stigmatizing delivery of our program



4



1,425 students supported weekly at 75 Hamilton schools

Did you know...

Food4Kids Hamilton provides support to both Elementary and Secondary school students.

Consistent access to healthy food impacts:

- ✓ Physical Health
- ✓ Mental Health
- ✓ Academic Performance
- ✓ School Attendance
- ✓ Social Relationships
- ✓ Resiliency
- ✓ Cognition



SUMMER BREAK

Students are supported during the summer through our Grocery Card/ Food Voucher Program



A BIG THANK YOU!



VOLUNTEER STATS:

20-25 volunteers participate in each weekly pack, whether this is a community group or an organized business.

20-23 volunteer drivers deliver food bags to schools every week.



STATEMENT OF OPERATIONS

	2023 \$	2022 \$
DONATION REVENUE		
Donations	549,802	535,225
Fundraising	419,139	249,997
Grants	224,100	194,042
Interest income	25,888	10,460
In-Kind food donations	2,827	531
Gain on sale of capital assets	2,150	-
	1,223,906	990,255
EXPENDITURES		
Amortization	2,917	3,819
Bank charges and interest	1,518	1,542
Fundraising	344	3,617
In-kind food costs	2,827	531
Insurance	1,574	1,652
Office and general	13,755	20,502
Professional Fees	14,146	16,259
Program costs	865,325	778,930
Promotion	10,086	19,982
Rent	46,536	45,933
Repairs and maintenance	4,578	13,498
Telephone and utilities	10,404	5,087
Travel	985	2,949
Wages and benefits	189,869	223,293
	1,164,864	1,137,594
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENDITURES	59,042	(147,339)

Year ended August 31



**2022-2023
BOARD OF DIRECTORS**

- Lisa Neale, Chair**
- Joel Tanner, Vice-Chair**
- Rachel Harrington, Treasurer**
- Paul Hamilton, Director**
- Jason Urban, Director**
- John Madalena, Director**
- Rachel Osborne, Director**
- Dale Hill, Director**
- Adrianna Inneo, Director**

STAFF:

- Cathy Haan, Executive Director**
- Nancy Phelan, School Liaison**
- Shannon Hughes, Program Coordinator**

THANK YOU!

WE COULD NOT DO THIS WITHOUT YOU.

Our incredible Board of Directors actively works together to develop our growth and stability. They consistently devote themselves to ensuring Food4Kids Hamilton operates with purpose, responsibility, and compassion.

We are grateful for the unconditional giving of individuals, groups and businesses entrusting us with their donations.

