



Supporting teens living in poverty and experiencing hunger.

IMPACTFUL ASSISTANCE FOR FAMILIES OF TEENS IN NEED

SECONDARY SCHOOL PROGRAM:

In March 2018, Food4Kids Hamilton initiated a secondary school pilot program with two schools. The feedback received from students and staff confirmed the overwhelming need for support in our secondary schools. And now, Food4Kids Hamilton currently supports 6 secondary schools and 98 students.

“In order for students to be successful, first they need their basic needs met.” LORI VARRASSO, GUIDANCE COUNSELLOR

ABOUT US:

Food4Kids Hamilton seeks to address child and teen hunger by providing healthy food to elementary and secondary school students from at-risk homes.

The Food4Kids Hamilton program is volunteer driven. It is funded through community grants, individual and corporate donations and fundraising initiatives. Food4Kids Hamilton also collaborates with other non-profit organizations, local businesses and schools to increase public awareness and understanding of child and teen hunger.

“Without adequate nutrition students cannot perform to the best of their abilities.” MARK DALY, SCHOOL PRINCIPAL

“Without food they are not getting to what they need to do.” GARY WATSON, STUDENT SUCCESS TEACHER

Graduating into high school does not mean students are no longer living in poverty, and experiencing hunger.



HOW THE PROGRAM WORKS

1 It's Direct: Students are referred directly by their schools, ensuring our program is helping those who need it most.

2 It's Volunteer Driven: Volunteers assemble food packages that contain teen appropriate products with maximum nutritional value.

3 It's Discreet: Packages are delivered to secondary schools each week and distributed in a discreet and non-stigmatizing way.

Food4Kids will grow to support 150 students in 10 secondary schools by the end of the 2022 school year.



For more information on the secondary school program or to donate, contact us at:

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GET INVOLVED
food4kidshamilton.ca